

Corticomotor excitability in drug-naive patients with Parkinson disease

Pobudliwość kory ruchowej u pacjentów ze świeżo rozpoznaną chorobą Parkinsona

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Abstract

Background and purpose: This study aimed to assess the indices of corticomotor excitability (CE) in drug-naive Parkinson disease (PD) patients and to investigate its relationship with asymmetry and severity of clinical symptoms.

Material and methods: Eleven (4 men) drug-naive PD patients (mean age: 53.1 ± 9.8 years) and 13 (7 men) healthy controls (mean age: 51.7 ± 4.2 years) were included. All PD patients were rated on the motor section of the Unified Parkinson's Disease Rating Scale (UPDRS) with measurement of the side-specific score separately for arms and legs. Resting motor threshold (RMT), central silent period (CSP), amplitude of motor evoked potential (MEP) and central motor conduction time (CMCT) evoked by a single pulse of the transcranial magnetic stimulation were recorded in all subjects from the left and right abductor digiti minimi (ADM) and extensor digitorum brevis (EDB).

Results: Parkinson disease patients showed higher MEP (1.8 ± 0.9 vs. 1.1 ± 0.8 mV, $p < 0.05$) and shorter CMCT (6.1 ± 0.9 vs. 7.4 ± 1.0 ms, $p < 0.05$) recorded from the ADM on the more affected side. CSP recorded from the more affected ADM was under the normal range in five and from the less affected ADM in four PD patients. For CSP recorded from the EDB, respective values are four for the more affected side and three for the less affected side. The rigidity from the more affected arm and leg correlated negatively with the respective CSP recorded from the ADM ($r = -0.74$, $p < 0.01$) and EDB ($r = -0.68$, $p < 0.04$).

Conclusions: In the early stage of untreated PD the CE parameters are altered only on the more affected side. The short-

Streszczenie

Wstęp i cel pracy: Celem badania była ocena parametrów pobudliwości korowo-ruchowej (CE) u pacjentów ze świeżo rozpoznaną chorobą Parkinsona (ChP) oraz ich korelacji z nasileniem i asymetrią objawów klinicznych.

Materiał i metody: Badaniem objęto 11 (4 mężczyźni) pacjentów ze świeżo rozpoznaną ChP (średnia wieku: $53,1 \pm 9,8$ roku) oraz 13 (7 mężczyźni) osób zdrowych (grupa kontrolna) (średni wiek: $51,7 \pm 4,2$ roku). U wszystkich pacjentów dokonano oceny nasilenia objawów ruchowych według skali UPDRS z wyszczególnieniem kolejnych kończyn. U wszystkich badanych wykonano przezczaszkową stymulację magnetyczną pojedynczym impulsem z oceną: progu pobudliwości ruchowej (RMT), centralnego okresu ciszy (CSP), amplitudy wywołanego potencjału ruchowego (MEP) oraz centralnego ruchowego czasu przewodzenia (CMCT) w rejestracji z mięśni: odwodziciela palca V (ADM) i prostownika krótkiego palców (EDB) obustronnie.

Wyniki: W grupie chorych na ChP stwierdzono istotnie większą amplitudę MEP ($1,8 \pm 0,9$ vs $1,1 \pm 0,7$; $p < 0,05$) oraz krótszy CMCT ($6,1 \pm 0,9$ vs $7,3 \pm 1,0$; $p < 0,05$) w rejestracji z ADM po stronie bardziej zajętej. Centralny okres ciszy dla ADM był skrócony poniżej dolnego zakresu normy ($< 64,6$ ms) po stronie bardziej zajętej u 5, a po stronie przeciwległej u 4 pacjentów. Skrócenie CSP dla EDB ($< 60,9$ ms) zaobserwowano odpowiednio u 4 i 3 chorych. Stwierdzono ujemną korelację pomiędzy nasileniem sztywności w kończynach z przewagą objawów a CSP dla ADM ($r = -0,74$; $p < 0,008$) i EDB ($r = -0,68$; $p < 0,04$) po tej stronie.

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tening of CSP reflects the severity of rigidity on the more affected side.

Key words: corticomotor excitability, transcranial magnetic stimulation, Parkinson disease.

Introduction

The pathophysiology of Parkinson disease (PD) includes anatomic-functional defect of the basal ganglia which affects function of motor cortical areas. The degeneration of dopaminergic nigrostriatal pathways results in functional deafferentation of the frontal cortex leading to disinhibition of the cortico-motoneuronal system and to changes in corticomotor excitability (CE). Corticomotor excitability can be investigated using transcranial magnetic stimulation (TMS). The standard CE parameters are the resting motor threshold (RMT), the motor evoked potential (MEP), the central motor conduction time (CMCT) and the central silent period (CSP). All of them are related to the functional status of the cortico-motoneuronal system [1,2]. The most consistent findings of TMS studies in PD are the shortening of CSP, the decrease of RMT and the increase of MEP amplitude [3,4]. The shortening of CMCT was also found in a few studies [5,6]. A number of studies, however, showed contradictory results or no changes of CE in PD patients [7-9]. One of the reasons for these discrepancies may be the influence of many clinical factors such as differences in the stage of the disease, medication and surgical treatment [2]. Furthermore, CE can differ across left and right motor cortices as the lateralisation of the symptoms is one of the early PD hallmarks.

The aim of this study was to investigate CE in newly diagnosed, untreated PD patients, thus avoiding the confounding effect of medication, and to assess the influence of lateralisation of clinical symptoms on CE in the early stage of the disease.

Material and methods

Patient characteristics

We studied 11 (4 men) right-handed, drug-naïve PD patients (mean age: 53.1 years; range: 38-65 years) and 13 age- and sex-matched healthy controls (7 men, mean age: 51.8 years; range 41-65 years).

Parkinson disease was diagnosed according to the Parkinson's Disease United Kingdom Brain Bank crite-

Wnioski: We wczesnym stadium nieleczonej ChP zarejestrowano zmiany parametrów CE jedynie po stronie z przewagą objawów ruchowych. Skrócenie CSP korelowało z nasileniem sztywności po tej samej stronie.

Słowa kluczowe: pobudliwość kory ruchowej, przezczaszkowa stymulacja magnetyczna, choroba Parkinsona.

ria [10]. None of the participants had contraindications to TMS [11]. The PD patients were in the early disease stage (Hoehn and Yahr [H&Y] stage ≤ 2.5) with a fairly asymmetrical presentation of clinical symptoms and had never been treated with antiparkinsonian drugs or other drugs known to influence the CE parameters. The study did not include patients with tremor-dominant forms because of the well-known influence of tremor on CE parameters. In three patients, the Unified Parkinson's Disease Rating Scale (UPDRS) score was higher in the left limbs, and in 8 patients it was higher in the right limbs. Clinical details of the PD group are given in Table 1.

Each participant provided written informed consent. The study protocol was approved by the local ethics committee of the Institute of Psychiatry and Neurology in Warsaw.

Study instruments

All patients underwent a complete neurological examination. The clinical assessment also included the H&Y scale [12], and the UPDRS [13]. Items 22 to 26 of the UPDRS were scored for each arm and leg separately.

Transcranial magnetic stimulation

Transcranial magnetic stimulation was applied using magnetic stimulator MagStim 200 (Magstim Company Ltd, Whitland, UK). The stimulation and recording were conducted according to recommendations of the International Federation of Clinical Neurophysiology [14]. All examinations were made in the 'on' stage.

Stimulation

The 'hot spot' – the optimal stimulation site – was located by moving the coil over the primary motor cortex and delivering single TMS pulses approaching from minimal intensities to the first intensity that evoked any reliable MEP. The RMT expressed as a percentage of maximal stimulator output was defined as the minimal stimulus intensity required to produce potential of

Table 1. Clinical characteristics of patients with Parkinson disease

Subject	Age (years), gender	Duration of illness (years)	More affected side	Hoehn-Yahr stage	UPDRS* score on more affected side	UPDRS* score on less affected side
1	43 M	0.5	L	1	5	0
2	64 F	2	L	2	9	3
3	53 F	2	L	1.5	3	0
4	57 F	2	R	1	1	0
5	65 F	4	R	2.5	12	8
6	38 M	2	R	1	5	0
7	39 F	2	R	2	10	2
8	62 F	3	R	3	11	6
9	48 M	1	R	2	7	4
10	56 M	5	R	2	6	5
11	60 F	2	R	2	7	1
Mean (SD)	53.1 (9.8)	2.3 (1.3)		1.7 (0.6)	6.9 (3.4)	2.6 (2.8)

SD – standard deviation, F – female, M – male, L – left, R – right, UPDRS – Unified Parkinson's Disease Rating Scale, *items 20-26 of the motor part (III)

amplitude of 50 μ V to 120 μ V in at least 5 of 10 stimuli delivered at an interval longer than 5 seconds to the resting abductor digiti minimi (ADM) and extensor digitorum brevis (EDB) muscles. For stimulation of motor areas of the upper extremities, a circular coil was used (2.0 Tesla – 530 V/m) and for motor areas of the lower extremities, the double cone coil was used (1.4 Tesla – 660 V/m). For eliciting MEP, the maximal stimulator output (100%) and for CSP stimuli of 125% intensity of RMT were applied. All stimuli except those for recording CSP were elicited during the resting state of the simulated muscles. The resting state was recognized as the isoelectric line and the silence of the loudspeakers in the continuous electromyographic (EMG) recording from the stimulated muscles.

Recording

All CE parameters (RMT, MEP, CMCT and CSP) were recorded with surface electrodes from the left and right ADM and EDB. The filters of the amplifier were set at 100 Hz and 10 kHz.

For each extremity, the MEP was recorded at least twice to ensure the repeatability of the obtained potentials. The MEP amplitude was measured from the baseline to the first negative peak. CMCT was determined by subtracting the peripheral motor conduction time of the F wave from the latency of the MEP. For recording

of the CSP (which is the transient cessation of the voluntary muscle activation following TMS pulse) participants were instructed to contract their ADM or EDB maximally. CSP duration was measured from the end of MEP to the evident return of voluntary EMG activity of at least 25% of pre-TMS background activity, following a period of sustained silence. For each subject, five CSP durations were averaged.

Statistical analysis

The CE parameters RMT, MEP and CMCT obtained from extremities more and less affected of the PD group were compared with the same parameters averaged from left and right extremities of the controls [15,16]. The CSP of the PD group was compared with the norms used in our laboratory (unpublished data) and expressed as the number of subjects having abnormal values. All CE parameters were also compared between more and less affected extremities within the PD group. Finally, all CE parameters from the more and less affected extremities were correlated with the severity of the rigidity on the respective side. The rigidity was assessed by scoring item no. 22 of the UPDRS in the upper and lower extremity and summarizing both results. The values are expressed as mean and standard deviation. The significance level was set at $p < 0.05$. The Mann-Whitney U test and Spearman's rank cor-

relation coefficient were used for analysis and were done with STATISTICA (data analysis software system), version 8.0. (StatSoft, Inc., 2008).

Results

Transcranial magnetic stimulation parameters in Parkinson disease patients and control group

The mean values of CE parameters in PD patients and the control group are summarized in Table 2. The PD patients showed shorter CMCT and higher MEP recorded from the ADM of the more affected extremity. There were no significant differences in term of RMT between groups.

The CSP was shortened in five patients when recorded from the more affected ADM and in four when recorded from the contralateral ADM. The respective values for EDB are four and three. Two patients showed prolonged CSP recorded from the less affected ADM and one from the EDB also on the less affected side (Figs. 1 and 2). Among PD patients, the MEP record-

ed from ADM of the more affected extremity was significantly higher when compared to the less affected extremity (2.1 ± 1.0 vs. 1.3 ± 0.7 , $p = 0.01$). There were no other intragroup differences in CE parameters.

Correlation of motor symptoms with corticomotor excitability parameters

On the more affected side, negative correlations between rigidity and CSP recorded from the ADM ($r = -0.74$, $p = 0.008$) and from the EDB ($r = -0.68$, $p = 0.039$) were found. No correlations were found on the less affected side.

Discussion

Changes in particular corticomotor excitability parameters

This study identified the increase of the MEP amplitude and the shortening of the CMCT as the characteristic features of the early stage of PD. The increase

Table 2. Transcranial magnetic stimulation findings in PD patients and control subjects

TMS parameters	Recording site	PD patients (mean \pm SD)	Controls (mean \pm SD)
Resting motor threshold (% of the maximal stimulator output)	ADM – more affected side	40.5 \pm 4.5	49.0 \pm 13.3
	ADM – less affected side	43.5 \pm 6.9	
	EDB – more affected side	41.0 \pm 5.6	52.5 \pm 18.0
	EDB – less affected side	43.2 \pm 5.2	
Amplitude of motor evoked potential [mV]	ADM – more affected side	2.1 \pm 1.0*	1.1 \pm 0.7
	ADM – less affected side	1.3 \pm 0.7	
	EDB – more affected side	0.6 \pm 0.3	0.5 \pm 0.3
	EDB – less affected side	0.6 \pm 0.5	
Central motor conduction time [ms]	ADM – more affected side	6.1 \pm 0.6**	7.3 \pm 1.0
	ADM – less affected side	6.8 \pm 1.4	
	EDB – more affected side	13.1 \pm 1.7	13.3 \pm 2.0
	EDB – less affected side	13.3 \pm 1.4	
Central silent period [ms]	ADM – more affected side	91.2 \pm 42.3	119.4 \pm 27.4
	ADM – less affected side	100.3 \pm 61.2	range: 64.6-174.2
	EDB – more affected side	88.4 \pm 53.9	135.5 \pm 37.3
	EDB – more affected side	95.0 \pm 62.5	range: 60.9-210.2

* $p < 0.05$, ** $p < 0.01$

PD – Parkinson disease, TMS – transcranial magnetic stimulation, SD – standard deviation
Range: mean \pm 2 SD, ADM – abductor digiti minimi, EDB – extensor digitorum brevis

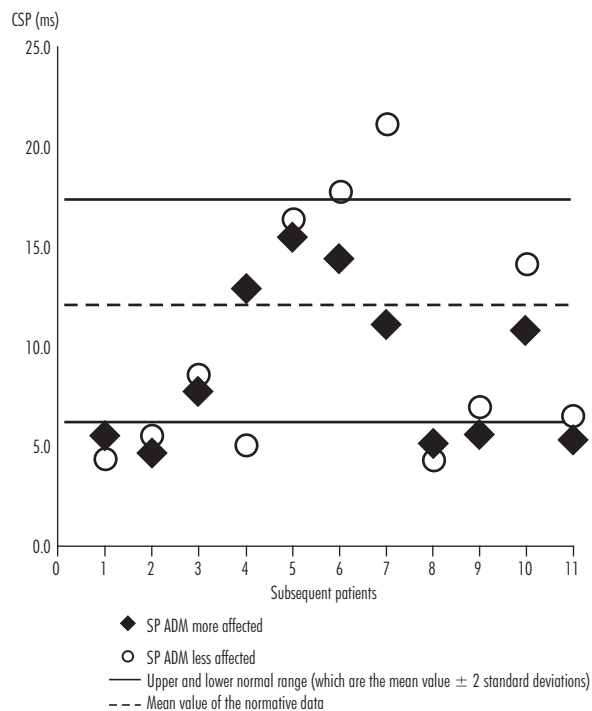


Fig. 1. Distribution of central silent period (CSP) recorded from both abductor digiti minimi muscles (ADM) in particular patients with Parkinson disease

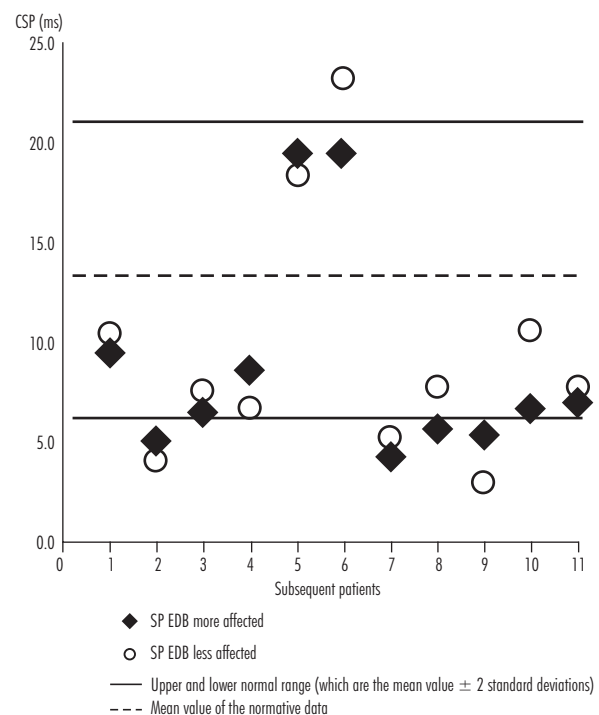


Fig. 2. Distribution of central silent period (CSP) recorded from both extensor digitorum brevis muscles (EDB) in particular patients with Parkinson disease

of MEP and shortening of CMCT are associated with enhancement of the cortico-spinal excitability, which may originate from the subliminal excitation of the α -motoneurons [17] or from the increased muscle tone [18,19]. In both circumstances, the underlying mechanism is the excessive corticospinal drive caused by disrupted control from the basal ganglia [3,20]. Previous studies performed mainly on medicated patients showed CMCT both shortened and normal in PD [4-6,9,17]. Similarly, the MEP amplitude was increased or normal in different medicated cohorts [3,4,9,21]. The MEP was also studied in untreated, early PD and was normal [22]. The recordings were however made during voluntary muscle contraction, which overshadows the influence of the excitation of α -motoneurons [17] and of the increased muscle tone mentioned above. The changes in CMCT and MEP found in our untreated patients may therefore result from the alteration of CE caused by PD specific pathophysiology and can be seen as one of the signs of early PD.

Even though we did not find a significant difference in terms of CSP between PD patients and healthy subjects, a correlation between the severity of clinical symptoms and duration of CSP on the more affected side was present.

This reproduced the finding of Cantello *et al.* [22] and Berardelli *et al.* [23]. According to Cantello *et al.*, the CSP differences between PD and controls are most reliably observed using near-to-maximum stimulus intensity. Stimulation of the cortex produces inhibitory phenomena within the cortico-motoneuron connection which significantly correlate with intensity of the stimulus. In the studies mentioned above and in our study, the stimuli used to achieve CSP were of intermediate strength (125-150% of MT).

The lack of shortening of CSP in our cohort of patients could also be explained by their early stage of disease. Previous CSP studies indicating shortening of CSP have been conducted in groups of patients with a relatively advanced stage of disease [20,24]. According to Wu *et al.* [25] shorter CSP duration becomes evident as clinical symptoms advance and can reflect a compensatory response to reduced thalamo-cortical drive. Changes in cortical excitabilities as indexed by CSP durations may have greater relevance in a more advanced stage of PD associated with an evident modulation defect of dopamine and other neurotransmitters such as GABA in contrast to MEP and MT [2].

Our study did not reveal any significant differences regarding RMT between PD patients and controls.

Resting motor threshold relates to resting membrane potential properties of cortical and spinal motor neurons [24]. Assessment of RMT in PD could be complicated by the presence of involuntary background activities which can cause a spurious lowering of MT. Our cohort of patients was in the early stage of the disease (mean H&Y score: 1.7 ± 0.6) and had relatively mild rigidity. We were able to register quite long periods of electromyographic silence, used to measure RMT. Lowering of RMT has been widely described in PD patients since excessive drive from corticospinal fibres as an effect of disrupted control from basal ganglia is responsible for subliminal excitation of motoneurons [3]. On the other hand, prevalence of different PD signs (tremor vs. bradykinesia) may cause different and opposite changes of CE. Studies on MT in PD showed no changes [7-9], decreased MT in rigid and tremulous patients [20] or increased MT in bradykinetic patients [17]. The fact that our group was characterized by prevalence of bradykinesia and rigidity rather than tremor can explain our results. Moreover, MT usually shows remarkable inter-individual differences, also seen in our normal data.

The influence of lateralisation of the clinical symptoms on corticomotor excitability

Our results showed that in the early, drug-naïve PD, CE changes measured with standard parameters are limited to the side with more pronounced clinical symptoms. The differences between PD and controls and the correlations with clinical symptoms were found only on this side. Also, the MEP recorded from the more affected upper limb was higher than the MEP from the opposite limb. These findings are evidence that the lateralisation of the neurodegenerative process is responsible for the asymmetry of clinical symptoms in PD. Our findings are to some extent inconsistent with Shin *et al.* [18], who found an increase of the MEP on the asymptomatic side, but those recordings were made during voluntary muscle effort and therefore are not comparable to ours. In addition to differences in MEP and CMCT between groups, we found a negative correlation between CSP recorded from the upper and lower extremity on the more affected side and the severity of the rigidity on this side. This finding suggests that rigidity in the early stage of PD corresponds to the impairment of the intracortical inhibition in the more affected hemisphere. A similar finding was made by Wu *et al.* [25] after eliciting CSP with stimuli of the maximal stimulator output.

Absence of corticomotor excitability changes in the areas of the lower extremities in early Parkinson disease

The differences in CE between groups were not present in the lower extremities. These results support those obtained by Vacherot *et al.* [26], who did not find any changes in RMT, MEP or CSP recorded from the anterior tibial muscle as compared to healthy subjects. According to their hypothesis, the differences in the corticospinal tract between upper and lower extremities are responsible for the lack of changes in CE of lower limb motor areas in early PD. The upper limb muscles are controlled mainly directly via corticomotor projections while the lumbar premotor neurons significantly influence the corticospinal transmission and thus decrease the influence of the altered CE.

The presence of a correlation between CSP recorded from the more symptomatic leg and the rigidity found in our group confirms the sensitivity of this parameter in the early stage of PD, even before the significant shortening arises. This finding may not be in line with the results of Vacherot *et al.* An explanation for this may be the lack of a side-specific investigation in that study [26].

Study limitations

The recent paper of Perretti *et al.* [27] revealed an association between *PARK2* mutation and prolongation of the CMCT in PD. Since this mutation has not been investigated in our patients, we could not take this potential modifying factor into account.

Conclusions

1. The TMS examination in early, drug-naïve PD patients with asymmetric presentation of clinical symptoms reveals the increase of MEP amplitude and the shortening of CMCT when recorded from the more affected upper extremity.
2. The shortening of the CSP can be a hallmark of the more advanced stage of the disease.
3. The RMT, MEP and CMCT recorded from lower extremities of PD patients in the early disease stage do not differ from controls, while CSP still reflects the severity of rigidity on the more affected side.

Disclosure

The authors report no conflict of interest.

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