Article history:

Received: 01.03.2020

Accepted: 22.03.2020

Jan Styczyński^{1*}, Krzysztof Czyżewski¹, Marek Ussowicz², Grzegorz Helbig³, Małgorzata Sobczyk-Kruszelnicka⁴, Anna Łojko⁵, Anna Czyż⁶, Beata Piątkowska-Jakubas⁷, Agnieszka Sobkowiak-Sobierajska⁸, Agnieszka Zaucha-Prażmo⁹, Aleksandra Krasowska-Kwiecień^{10,11}, Kazimierz Hałaburda¹², Piotr Bogurański¹³, Maria Bieniaszewska¹⁴, Agnieszka Wierzbowska¹⁵, Piotr Rzepecki¹⁶, Adam Walter-Croneck¹⁷, Mariola Sędzimska¹⁸, Agnieszka Druzd-Sitek¹⁹, Dorota Hawrylecka²⁰, Bartłomiej Baumert²¹, Ewa Lutwin²², Edyta Cichocka²³, Katarzyna Smalisz²⁴, Lidia Gil⁵

Antimicrobial prophylaxis in patients after hematopoietic cell transplantation: results of a survey of the Polish Federation of Bone Marrow Transplant Centers

© 2020 Polish Society of Hematology and Transfusion Medicine, Institute of Hematology and Transfusion Medicine. Published by Sciencedo. All rights reserved.

Introduction

Infection is a major cause of morbidity and one of the major causes of death after hematopoietic cell transplantation (HCT). Since infection may compromise the benefit of transplantation, each infectious complication remains a clinical challenge in patients after transplantation. In European Group for Blood and Marrow Transplantation (EBMT) analysis of 114,491 patients with 5-year follow-up, a total of 55,668 patients were reported dead [1]. In 22.3% of all deaths, the cause was infection. The rate of deaths from infections varied over calendar time and posttransplant phase. Overall the rate of infectious deaths decreased in all phases after autologous HCT (auto-HCT), and up to day 100 and beyond after allogeneic HCT (allo-HCT) which was the second cause of death after auto-HCT and third after allo-HCT.

With respect to the risk of infectious complications, posttransplant period is usually divided into the following intervals: very early (up to day 30 and beyond), early (between days 30 and 100), late (between day 100 and 1 year), and very late (beyond 1 year). Alternatively, the phases can be divided into pretransplant phase, neutropenic phase, and immunosuppression phase; in allo-HCT setting, additional phase of immunosuppressive prophylaxis and graft-versus-host disease (GVHD) is distinguished. The risk of infections is particularly high during very early phase due to the toxicity of conditioning and neutropenia, as well as immunosuppressive therapy

in case of allo-HCT; additionally, immunosuppression can be continued for many months after hematological recovery, especially in patients diagnosed with GVHD. Incidence of infections is particularly high during very early and early posttransplant phase [2–6]; however, the patient remains at risk of infectious complications from the beginning of conditioning regimen through the entire posttransplant period.

All Polish hematopoietic cell transplant centers were invited to participate in the survey on proposed prophylactic pharmacological approach for patients undergoing auto- or allo-HCT, both in pediatric and adult settings. This report presents the results of the survey.

Methods

During Transplant Workshop of Polish Federation of Bone Marrow Transplant Centers in Poznań, dated October 12, 2019, a survey on proposed antimicrobial prophylaxis was distributed, and one questionnaire per center was prepared. Based on their own experience, the centers were asked to suggest antibacterial, antifungal, and antiviral prophylaxis in auto- and allo-HCT settings, with respect to the pretransplant phase, neutropenic phase, immunosuppressive prophylaxis phase and in case of GVHD. Additional questions were related to other supportive therapies and key diagnostic tests. Both pediatric and adult centers answered the same questionnaire. Vaccinations were not included in the survey.

¹Department of Pediatric Hematology and Oncology, Collegium Medicum, Nicolaus Copernicus University Toruń, Bydgoszcz, Poland

²Department of Pediatric Transplantation, Hematology and Oncology, Medical University, Wrocław, Poland

³Department of Hematology, Medical University of Silesia, Katowice, Poland

⁴Department of Bone Marrow Transplantation and Oncohematology, Maria Skłodowska-Curie National Research Institute of Oncology Gliwice Branch, Gliwice, Poland

⁵Department of Hematology, Poznań University of Medical Sciences, Poznań, Poland

⁶Department of Hematology, Medical University, Wrocław, Poland

⁷Department of Hematology, Collegium Medicum, Jagiellonian University, Kraków, Poland

⁸Department of Pediatric Hematology, Oncology and Transplantation, Medical University, Poznań, Poland

⁹Department of Pediatric Hematology, Oncology and Transplantation, Medical University, Lublin, Poland

¹⁰Department of Transplantation, Children's University Hospital, Kraków, Poland

¹¹Department of Clinical Immunology and Transplantation, Jagiellonian University Medical College, Kraków, Poland

¹²Department of Hematology, Institute of Hematology and Transfusion Medicine, Warszawa, Poland

¹³Department of Hematology, Oncology and Internal Medicine, Medical University, Warsaw, Poland

¹⁴Department of Hematology, Medical University, Gdańsk, Poland

¹⁵Department of Hematology, Medical University, Łódź, Poland

¹⁶Department of Hematology, Military Institute of Medicine, Warsaw, Poland

¹⁷Department of Hematology and Bone Marrow Transplantation, Medical University, Lublin, Poland

¹⁸Lower Silesian Center for Cellular Transplantation and National Bone Marrow Donor Registry, Wrocław, Poland

¹⁹Department of Lymphoid Malignancies, Maria Skłodowska-Curie National Research Institute of Oncology, Warszawa, Poland

²⁰Department of Oncological Hematology and Transplantation, Medical University, Brzozów, Poland

²¹Department of Hematology and Transplantation, Medical University, Szczecin, Poland

²²Department of Hematology and Transplantation, Center of Oncology, Kielce, Poland

²³Department of Hematology, Nicolaus Copernicus Town Hospital, Toruń, Poland

²⁴Department of Pediatric Hematology and Oncology and Clinical Transplantation, Medical University, Warszawa, Poland

*Corresponding author: Jan Styczyński, Department of Pediatric Hematology and Oncology, Collegium Medicum, Nicolaus Copernicus University Toruń, Skłodowskiej-Curie 9, 85-094 Bydgoszcz, Poland, phone: +48 52 5854860, fax: +48 52 5854087, e-mail: jstyczynski@cm.umk.pl

Five adult and one pediatric centers perform auto-HCT only; however, they partially answered the allo-HCT section, as the survey questions were about the recommended approach.

No Bioethical Committee agreement was necessary for this study, as no patients were involved. All participants of the survey are coauthors of this manuscript and they gave their agreement for publication.

Results and Discussion

A total number of 23 centers participated, including 6 for pediatric and 17 for adult patients. The summary of prophylaxis proposed by the centers with respect to auto- and allo-HCT and with respect to pre- and posttransplant phases in allo-HCT setting is shown in table I.

Prophylaxis in auto- and allo-HCT settings

Antibacterial prophylaxis

More than half of adult centers both in auto- and allo-HCT patients prefer to use quinolones (ciprofloxacin or levofloxacin). Some of the adult centers are in favor of use of oral penicillins (amoxicillin $\pm$ clavulanate or V-cyllin) mainly in allo-HCT setting. The choice of prophylaxis in pediatric centers is split between ciprofloxacin and amoxicillin, both in allo- and auto-HCT settings. Additionally, half of the centers are willing to use V-cyllin after allo-HCT. The prophylactic use of other antibacterial compounds is rare both in pediatric and adult centers.

Antifungal prophylaxis

All pediatric and adult centers use fluconazole in patients after auto-HCT, and selection of antifungals in allo-HCT patients is variable and it includes posaconazole, voriconazole, fluconazole, and micafungin, with the exception of general avoidance of prophylactic use of voriconazole in pediatric centers. One adult center uses caspofungin during conditioning before allo-HCT with antithymocyte globulin (ATG). More than half adult centers perform regular weekly testing for galactomannan (GM) in all allo- and auto-HCT patients. It is also the rule for allo-HCT, but not for auto-HCT pediatric patients.

Antiviral prophylaxis

All adult centers use acyclovir in allo- and auto-HCT settings, and all pediatric centers use acyclovir in allo-HCT patients while only exceptionally in auto-HCT setting. One adult center uses ganciclovir during conditioning before allo-HCT with ATG. Almost all adult and pediatric centers perform regular weekly testing for Cytomegalovirus (CMV) DNA and Epstein-Barr virus (EBV) DNA in allo-HCT patients. Some adult centers emphasize the necessity of use of letermovir in CMV-seropositive recipients.

Other antimicrobial prophylaxis

Almost all centers use cotrimoxazole in prophylaxis against pneumocystodosis and toxoplasmosis. Almost all pediatric and a few adult centers perform regular intravenous immunoglobulin (IVIG) supplementation, mainly in allo-HCT patients.

Prophylaxis in various phases of allo-HCT

Antibacterial prophylaxis

Antibacterial prophylaxis in allo-HCT setting is rarely used during conditioning period by the centers, while virtually all pediatric and adult centers use prophylaxis both during neutropenia and immunosuppressive treatment and/or GVHD phase.

Antifungal prophylaxis

Antifungal prophylaxis in allo-HCT setting is very rarely used by adult centers during conditioning period, while virtually all pediatric and adult centers use antifungal prophylaxis both during neutropenia and immunosuppressive treatment and/or GVHD phase. Additionally, more than half pediatric centers also use antifungal prophylaxis during conditioning. None of the centers use voriconazole during conditioning. Itraconazole tablets are used exceptionally in one center only.

Antiviral prophylaxis

Acyclovir is recommended for prophylaxis both before HCT and during neutropenia and immunosuppressive treatment by almost all centers.

Other antimicrobial prophylaxis

Cotrimoxazole in prophylaxis is used both during neutropenia and immunosuppressive therapy periods in almost all centers, and also in part of the centers before HCT. Supplementation of IVIG to maintain concentration 4 g/L is performed both during neutropenia and immunosuppressive therapy in almost all centers.

Clinical implications of the survey

The results of this survey underline the value of antimicrobial prophylaxis in patients undergoing HCT and good awareness of this issue in all transplant centers. Virtually all pediatric and adult centers use antibacterial, antifungal, antiviral, and anti-pneumocystodosis prophylaxis both in allo- and auto-HCT patients. There are some differences regarding specific drugs, especially with respect to the lower use of quinolones in pediatric patients. The most preferred combinations of drugs are: quinolones and penicillins, fluconazole and posaconazole, and acyclovir and cotrimoxazole. Posaconazole and voriconazole are used exclusively in allo-HCT patients in primary and secondary prophylaxis as a result of reimbursement program of these drugs in Poland. This is also in line with international guidelines of antimicrobial prophylaxis.

The results of this survey reflect pharmacological antimicrobial prophylaxis practices used in Polish transplant centers. They also reflect drug availability and reimbursement in Poland, since letermovir, a new anti-CMV compound, recommended for CMV-seropositive allo-HCT recipients is not used in Poland.

This survey may be used to create universal national guidelines for Polish HCT centers which are compatible with international guidelines

Table I. Proposed anti-infective prophylaxis

	Pediatric (n = 6)		Adult (n = 17)		Total (n = 23)				
	Auto	Allo	Auto	Allo	Auto	Allo			
Antibacterial									
Quinolones: Ciprofloxacin	2	4	9	8	11	12			
Levofloxacin	-	-	6	6	6	6			
Penicillins: Amoxicillin ± Clavulanian	3	4	1	5	4	9			
V-cyllin	-	3	1	8	1	11			
Cephalosporines: Cefuroxime	1	1	1	-	2	1			
Aminoglycosides (oral)	1	1	-	-	1	1			
Macrolides: Azithromycin	-	1	-	-	-	1			
Rifaximin	-	-	1	1	1	1			
Antifungal									
Posaconazole	-	4	-	12	-	16			
Voriconazole	-	1	-	10	-	11			
Fluconazole	6	5	17	10	23	15			
Itraconazole	-	1	1	1	1	2			
Mycamine	-	3	-	7	-	10			
Galactomannan testing ≥ 1/week	1	4	8	12	9	16			
Other: Mannan or BDG	-	-	2	2	2	2			
Antiviral									
Acyclovir	1	6	17	16	18	22			
Other	-	-	-	-	-	-			
CMV DNA ≥ 1/week	-	6	-	14	-	20			
EBV DNA ≥ 1/week	-	6	-	12	-	18			
Other antimicrobial prophylaxis									
Cotrimoxazole	4	6	17	13	21	19			
IVIG supplementation	3	5	-	6	3	11			
Other: pentamidine	1	1	-	-	1	1			
Prophylaxis in allo-HCT patients with respect to transplant phase									
	Pediatric (n = 6)			Adult (n = 17)			Total (n = 23)		
	Pre HCT	Neutropenia	GVHD IST	Pre HCT	Neutropenia	GVHD IST	Pre HCT	Neutropenia	GVHD IST
Antibacterial									
Quinolones: Ciprofloxacin	2	4	4	1	8	6	3	12	10
Levofloxacin	-	-	-	3	7	7	3	7	7
Penicillins: Amoxicillin ± Clavulanian	1	4	4	1	2	6	2	6	10
V-cyllin	-	1	4	-	1	8	-	2	12
Cephalosporines: Cefuroxime	-	-	-	-	1	-	-	2	-
Aminoglycosides (oral)	1	-	-	-	-	-	1	-	-
Macrolides: Azithromycin	-	1	1	-	-	-	-	1	1
Rifaximin	-	-	-	-	1	-	-	1	-
Antifungal									
Posaconazole	3	3	4	1	3	12	4	6	16
Voriconazole	-	1	1	-	5	9	-	6	10
Fluconazole	4	5	4	4	15	6	8	20	10
Itraconazole	-	-	1	-	-	-	-	-	1
Mycamine	2	2	2	1	5	2	3	7	5
Galactomannan testing ≥ 1/week	1	4	4	3	10	8	4	14	12
Other: Mannan or BDG	-	-	-	-	2	1	-	2	1
Antiviral									
Acyclovir	3	6	6	13	15	14	16	21	20
Other	-	-	-	-	-	-	-	-	-
CMV DNA ≥ 1/week	4	6	6	2	7	11	6	13	17
EBV DNA ≥ 1/week	4	6	6	-	5	10	4	11	16
Other antimicrobial prophylaxis									
Cotrimoxazole	4	5	6	7	11	11	11	16	17
IVIG supplementation	1	5	5	1	2	6	2	7	11
Other: pentamidine	1	1	1	-	-	-	1	1	1

BDG – beta-d-glucan; GVHD – graft-versus-host disease; IST – immunosuppressive therapy; IVIG – intravenous immunoglobulin

[7-15]. It may also serve as a useful tool for any local or multicenter epidemiological analyses.

Authors' contributions

JS, LG – involved in design of the study. JS, LG – wrote manuscript. JS, LG, AŁ, KC – performed survey. MU, AC, LG, KC – involved in critical review. All authors approved the final manuscript.

Conflict of interest

All authors have nothing to disclose with respect to this paper.

Financial support

None.

Ethics

The work described in this article has been carried out in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving humans; EU Directive 2010/63/EU for animal experiments; Uniform requirements for manuscripts submitted to biomedical journals.

References

- [1] Styczynski J, Tridello G, Koster L, et al. Death after hematopoietic stem cell transplantation: changes over calendar year time, infections and associated factors. *Bone Marrow Transplant* 2020;55:126–36.
- [2] Styczynski J, Czyzewski K, Wysocki M, et al. Increased risk of infections and infection-related mortality in children undergoing haematopoietic stem cell transplantation compared to conventional anticancer therapy: a multicentre nationwide study. *Clin Microbiol Infect* 2016;22:179.e1–e10.
- [3] Czyzewski K, Styczynski J, Giebel S, et al. Age-dependent determinants of infectious complications profile in children and adults after hematopoietic cell transplantation: lesson from the nationwide study. *Ann Hematol* 2019;98(9):2197–211.
- [4] Czyzewski K, Galazka P, Fraczkiwicz J, et al. Epidemiology and outcome of invasive fungal disease in children after hematopoietic cell transplantation or treated for malignancy: Impact of national programme of antifungal prophylaxis. *Mycoses* 2019;62:990–8.
- [5] Styczynski J. Infectious complications in children and adults with hematological malignancies. *Acta Haematol Pol* 2019;50:167–73.
- [6] Styczynski J. ABC of viral infections in hematology: focus on herpesviruses. *Acta Haematol Pol* 2019;50:159–66.
- [7] Styczynski J, van der Velden W, Fox CP, et al. Management of Epstein-Barr Virus infections and post-transplant lymphoproliferative disorders in patients after allogeneic hematopoietic stem cell transplantation: Sixth European Conference on Infections in Leukemia (ECIL-6) guidelines. *Haematologica* 2016;101:803–11.
- [8] Matthes-Martin S, Feuchtinger T, Shaw PJ, et al. European guidelines for diagnosis and treatment of adenovirus infection in leukemia and stem cell transplantation: summary of ECIL-4 (2011). *Transpl Infect Dis* 2012;14:555–63.
- [9] Ljungman P, de la Camara R, Robin C, et al. Guidelines for the management of cytomegalovirus infection in patients with haematological malignancies and after stem cell transplantation from the 2017 European Conference on Infections in Leukaemia (ECIL 7). *Lancet Infect Dis* 2019;19:e260–72.
- [10] Engelhard D, Mohty B, de la Camara R, Cordonnier C, Ljungman P. European guidelines for prevention and management of influenza in hematopoietic stem cell transplantation and leukemia patients: summary of ECIL-4 (2011), on behalf of ECIL, a joint venture of EBMT, EORTC, ICHS, and ELN. *Transpl Infect Dis* 2013;15:219–32.
- [11] Averbuch D, Orasch C, Cordonnier C, et al. European guidelines for empirical antibacterial therapy for febrile neutropenic patients in the era of growing resistance: summary of the 2011 4th European Conference on Infections in Leukemia. *Haematologica* 2013;98:1826–35.
- [12] Groll AH, Castagnola E, Cesaro S, et al. Fourth European Conference on Infections in Leukaemia (ECIL-4): guidelines for diagnosis, prevention, and treatment of invasive fungal diseases in paediatric patients with cancer or allogeneic haemopoietic stem-cell transplantation. *Lancet Oncol* 2014;15:e327–40.
- [13] Tissot F, Agrawal S, Pagano L, et al. ECIL-6 guidelines for the treatment of invasive candidiasis, aspergillosis and mucormycosis in leukemia and hematopoietic stem cell transplant patients. *Haematologica* 2017;102:433–44.
- [14] Maertens J, Cesaro S, Maschmeyer G, et al. ECIL guidelines for preventing *Pneumocystis jirovecii* pneumonia in patients with haematological malignancies and stem cell transplant recipients. *J Antimicrob Chemother* 2016;71:2397–404.
- [15] Maertens J, Marchetti O, Herbrecht R, et al. European guidelines for antifungal management in leukemia and hematopoietic stem cell transplant recipients: summary of the ECIL 3 – 2009 update. *Bone Marrow Transplant* 2011;46:709–18.